

Outpatient Mental Health Counseling Services

for Children, Adolescents & Adults

Available Services

Individual, Couple, Family & Group Counseling

Mental Health Paraprofessional Intervention

Psychiatric Evaluations

Psychological Evaluations

Medication Management

School-based Services

In-home Services

Play Therapy



Contact Us

Administrative Office:

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Jonesboro, AR 72401

P: 870.933.6886

F: 870.933.9395

Clinical Office Locations:

Ash Flat: 870.994.7060

Jacksonville: 501.982.5000

Jonesboro: 870.933.6886

Mountain Home: 870.425.1041

Osceola: 870.622.0592

Paragould: 870.335.9483

Pocahontas: 870.892.1005

Searcy: 501.305.2359

Trumann: 870.483.4003

Walnut Ridge: 870.886.5303

Toll Free: 877.595.8869

Find more information,
including **career opportunities**,
at familiesinc.net.



FAMILIES, INC.
counseling services

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LIFE
is meant to be
ENJOYED!

About Us

Families, Inc. Counseling Services is one of the leading counseling practices in Arkansas and home to a team of highly respected mental health professionals.

Since our establishment in 2000, we have been providing high quality, focused, professional services to individuals and families throughout the northeast, north central and central parts of the state.

We offer a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps them work to resolve conflicts with others, understand feelings such as anxiety and depression and try out new solutions to old problems.

Our Mission

The core of Families, Inc. is our belief in the value of families. We accept the responsibility to develop, teach, share, and sustain by example the kinds of relationships that will allow each member of the family unit to reach their fullest potential.

All too often we hear,

"I had a feeling that something was wrong. Why didn't I say or do something?"

Unfortunately, this phrase is usually said following a tragedy or other significant event. We often second guess ourselves and our abilities to sense another's pain. Sometimes it just seems easier to look the other way because it can be very difficult to step outside of our comfort zones.

Listed below are behavioral indicators that may warrant a referral for counseling services. If you or someone you know is experiencing any of these indicators, please reach out to us as soon as possible for further information and assistance.



Behavioral Indicators for Potential Referral to Mental Health Services



- Anxiety
- Irritability
- Chronic sadness / unprovoked crying
- Fearfulness
- Aggressive or disruptive behavior
- Frequent school or work absences / excessive tardiness
- Poor interpersonal relations
- Suspicious or secretive behavior
- Lack of self-control
- Hyperactivity
- Excessive psychosomatic complaints
- Suicidal thoughts or attempts
- Homicidal thoughts or attempts
- Helplessness
- Disturbed sleep patterns
- Alcohol or drug abuse
- Concentration difficulties
- Drop in school / work performance
- Depression
- Anger
- Changes in appetite and / or weight
- Unusual fears
- Change in behavior or personality
- Withdrawal / isolation
- Running away from home or school
- Animal cruelty
- Poor self-esteem
- Dependency
- Chronic fatigue