

**Outpatient Mental Health  
Counseling Services  
for  
Children, Adolescents  
& Adults**

**Available services include:**

Individual, Couple &  
Family Counseling

Mental Health  
Paraprofessional Intervention

Psychiatric Evaluations

Psychological Evaluations

Medication Management

School Based Mental Health

In-Home Services

Play Therapy

Counseling through the  
**STAGES OF LIFE**



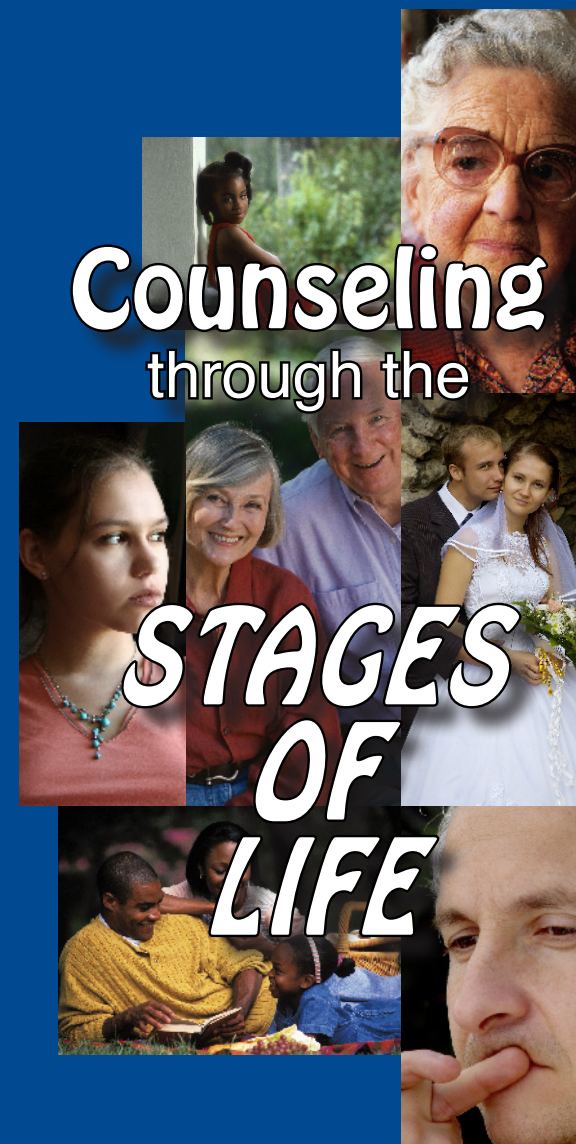
**FAMILIES, INC.**  
counseling services

**FAMILIES, INC.**  
**COUNSELING SERVICES**

1815 Pleasant Grove Road  
Jonesboro, AR 72401  
Phone: 870.933.6886  
Fax: 870.933.9395

For the location of an outpatient  
clinic near you in Northeast  
and North Central Arkansas,  
call  
Toll Free: 1.877.595.8869

or visit our website:  
[www.familiesinc.net](http://www.familiesinc.net)



**Counseling  
through the**

**STAGES  
OF  
LIFE**

**FAMILIES, INC.**  
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Whether you are a parent who has a child that is severely immature and acting out...



or have a teenager that is making poor life choices.



Are you a part of a committed relationship that is struggling...



or a family that often feels overwhelmed by all the responsibilities.



Are you stressed, anxious and having feelings of panic...



or one who is coping with the loss of a spouse after a long marriage.



Or, perhaps you are feeling depressed and lonely.

**FAMILIES, INC.**  
counseling services

Families, Inc. Counseling Services is a private counseling agency accredited by the Joint Commission for Healthcare Organizations (JCAHO) with outpatient facilities throughout Northeast and North Central Arkansas. We offer a variety of therapeutic services to aid individuals and families through their most difficult and challenging times. Since our beginning in late 1999 we have taken the unique approach of providing services in the client's home or school, unless the outpatient clinic is more appropriate.

Individual, couple, and family therapy is available for children, adolescents, and adults who are experiencing emotional and behavioral problems. Through therapeutic services, the individual will receive emotional support, work to resolve conflicts with people, understand feelings and problems, and try out new solutions to old problems.

Goals for therapy may be specific (change in behavior, improved relations with friends or family), or more general (less anxiety, better self-esteem).



In some cases, in conjunction with therapy, Families, Inc. provides intensive case management services to the individual to enable him or her to remain in their home, school and community while receiving services.

The length of therapeutic services depends on the complexity and severity of problems. No referral is required.

Call us, we can help.

**Toll Free:**  
**1.877.595.8869**



## The Mission of Families, Inc. Counseling Services

The core of Families, Inc. is our belief in the value of families. We accept the responsibility to develop, teach, share, and sustain by example, the kinds of relationships that will allow each member of the family unit to reach their fullest potential.

**Counseling through the STAGES OF LIFE**

